

FIGHT THE BITE!



REPEL MOSQUITOES THAT CARRY WEST NILE VIRUS !

West Nile Virus IS preventable !

Mosquitoes lay their eggs on standing water. Young mosquitoes grow in the water. Get rid of standing water around your home. Empty water out of buckets, old tires, flower pots, and toys. Change water daily for pets and weekly for bird baths.

Mosquitoes that transmit West Nile virus bite in the early morning and early evening hours, and sometimes throughout the night. If you go out in the early morning or evening hours, wear long pants and a long sleeved shirt.

Insect repellent keeps mosquitoes from biting you. Use an EPA-registered insect repellent with DEET, picaridin, IR3535 or oil of lemon eucalyptus in it. Put the repellent on your skin that is not covered by clothes. Follow the directions carefully.

People who get sick with WNV may feel like they have the flu. Call your doctor or clinic if you have questions.

For more information:
www.westnile.ca.gov
1-877-WNV-BIRD or
1-877-968-2473

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Department of Public Health